Year 6 Medium term plan 25/26 - Autumn

Week Commencing	Activity	Focus
7/9/26 14/9/26	Fitness and X Country preparation	Teach running a skill Increase understanding of health & fitness
21/9/26 28/9/26	Basketball/Netball	**<u>Attacking</u>** Sport specific attacking skills Team attacking principles Understanding of sports scoring systems Pre-planned plays to score points Understanding of attacking restarts
5/10/26	Basketball/Netball	
12/10/26	Tag rugby	
19/10/26	Tag Rugby	
26/10/26	Hockey	
2/11/26	Hockey	
9/11/26	Basketball/Netball	**<u>Defending</u>** Sport specific defensive skills Understanding of marking players as a team Understanding of marking space as team Discover multiple ways of regaining possession Defending restarts
16/11/26	Basketball/Netball	
23/11/26	Tag Rugby	
30/11/26	Tag Rugby	

7/12/26 14/12/26		**Game play** Experience playing in age appropriate games Opportunities for leadership and umpiring Learn and apply sport specific rules
04/01/27 11/01/27	Hockey	
	Hockey	
18/01/27	Fitness and Sports hall athletics preparation	Increase understanding of health & fitness
25/01/27	Fitness and Sports hall athletics preparation	
01/02/27	Fitness and Sports hall athletics preparation	

08/02/27	Wicked workshop week	Children get to pick a topic that they have learnt this term