

**Year 5 medium term plan 25/26 - Summer**

<b>Week Commencing</b>	<b>Activity</b>	<b>Focus</b>
<b>13/4/26</b>	Athletics	Develop a standing sprint start to a race
<b>20/4/26</b>	Athletics	Improve long jump and triple jump technique
<b>27/4/26</b>	Tennis	Play ground strokes consistently and accurately
<b>4/5/26</b>	Tennis	Be able to play winning shots and rallies
<b>11/5/26</b>	Cricket	Strike an underarm bowled ball
<b>18/5/26</b>	Cricket	Strike an overarm bowled ball
<b>1/6/26</b>	Athletics	Develop a strong rotation for a push throw
<b>8/6/26</b>	Athletics	Compete in a mini class Olympics
<b>15/6/26</b>	Badminton	Develop footwork and recover to the middle of the court
<b>22/6/26</b>	Badminton	Use a low clear serve and umpire games
<b>29/6/26</b>	Cricket	Play simplified games
<b>6/7/26</b>	Cricket	Play simplified games
<b>13/7/26</b>	Wicked work week	Selection of sports offered