

Year 4 medium term plan 25/26 - Summer

Week Commencing	Activity	Focus
13/4/26	Athletics	Develop effective throwing technique
20/4/26	Athletics	Develop power and learn how to apply it to field events
27/4/26	Tennis	Develop a forehand rally
4/5/26	Tennis	Use backhand shots within rallies and games
11/5/26	Cricket	Learn how to chain field accurately
18/5/26	Cricket	Link fielding skills together
1/6/26	Athletics	Develop LJ and TJ technique
8/6/26	Athletics	Be part of a relay team
15/6/26	Badminton	Develop smash and drop shots
22/6/26	Badminton	Play singles and doubles
29/6/26	Cricket	Play a simplified game
6/7/26	Cricket	Play a simplified game
13/7/26	Wicked work week	Selection of sports offered