

Year 1 medium term plan 25/26 - Summer

Week Commencing	Activity	Focus
13/4/26	Athletics	Know and can demonstrate the difference between walking and jogging
20/4/26	Athletics	Know and can demonstrate the difference between jogging and sprinting
27/4/26	Tennis	Be agile when moving
4/5/26	Tennis	Use a static jump and push throw
11/5/26	Cricket	Use a moving jump and pull throw
18/5/26	Cricket	Experience 'classic' sports day events
1/6/26	Athletics	Use under arm throwing and catching
8/6/26	Athletics	Throw using overarm technique
15/6/26	Badminton	Strike a ball with a body part
22/6/26	Badminton	Strike a ball with a piece of equipment
29/6/26	Cricket	Work with others to field quickly
6/7/26	Cricket	Play simplified games
13/7/26	Wicked work week	Selection of sports offered