

Foundation medium term plan 25/26 - Summer

Week Commencing	Activity	Focus
13/4/26	Athletics	Develop basic under arm throwing technique
20/4/26	Athletics	Develop basics over arm throwing technique
27/4/26	Tennis	Understand the fundamentals of catching
4/5/26	Tennis	Catch a ball with consistency
11/5/26	Cricket	Hit a stationary object
18/5/26	Cricket	Hit , throw and catch with consistency
1/6/26	Athletics	Develop running in a straight line.
8/6/26	Athletics	Improve reaction time at the start of a race
15/6/26	Badminton	Improve accuracy when throwing at a target
22/6/26	Badminton	Increase power when throwing a ball
29/6/26	Cricket	Develop and demonstrate basic jumping and landing.
6/7/26	Cricket	Develop running and jumping over a set distance.
13/7/26	Wicked work week	Selection of sports offered