

Commando Joe's Curriculum Progression Document

	Unit 1	Unit 2	Unit 3
Foundation	'Tanisha Teamwork' 'Charlie Communication'	'Elliott Excellence' 'Parveen Positivity'	'Sophie Self-Awareness' 'Eddie Empathy' 'Romeo Resilience'
RESPECT target character behaviours	Teamwork Communication Taking turns; listening, teamwork	Excellence, Positivity Making choices; kindness; thoughtful; problem solving	Self-Aware, Empathy, Resilience Understanding their behaviour; responsibility; respect; patience;
Year 1	'Hero/Heroine' Traditional Tale 'Once Upon a Time'	'Adventurer' Lion and me 'Circle of Life'	'Explorer' Steve Backshall 'A Walk on the Wildside'
RESPECT target character behaviours	Self-Awareness, Empathy, Resilience Kind; courteous; unselfishness; self- confident	Communication, Excellence Listens; reflective; evaluative; creative; curious	Teamwork Cooperates; responsible; cares; helpful

Year 2	'Hero/Heroine'	'Adventurer'	'Explorer'
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	The Queen 'The Longest Reign'	Pocahontas 'Troubles in the Tribe'	Samuel Pepys 'London's Burning'
RESPECT target character behaviours	Resilience, Positivity, Teamwork Determined; self-controlled; persistent; positive attitude; inspires; responsible; cares	Empathy, Self-Aware, Communication Just(fair); forgiveness; honest; listens; influences; feedback; reflective	Positivity, Communication, Teamwork Motivated; listens; influences; decision making; helpful
Year 3	'Hero/Heroine'	'Adventurer'	'Explorer'
	Ed Stafford 'Walking the Amazon'	Ernest Shackleton 'Endurance'	Nellie Bly ' Around the World in 72 Days'
RESPECT target character behaviours	Teamwork, Self-Aware, Communication Cooperate; reflective, cares; self-confident; curious; creative; influences	Positivity, Empathy, Resilience Self-discipline; honesty; determined; reflective; positive attitude; decision makes.	Excellence, Empathy, Self- Aware Courteous; just; gratitude; self-discipline; determination; kind; selfconfident.

Year 4	'Hero/Heroine' Levison Wood 'Survival'	'Adventurer' Kira Salak 'Gorilla in the Mist'	'Explorer' Leif Erikson 'Voyage of Discovery'
RESPECT target character behaviours	Teamwork, Communication, Excellence	Empathy, Positivity, SelfAware	Resilience, Empathy, Communication

	Cooperation; courageous; care; self-disciplined; pride; listens; responsible	Fairness, friendship; respect; gracious; positive attitude; critical thinking; reflective.	Self-discipline; courtesy; self-controlled; determination; forgiveness; honest; compassionate.
Year 5	'Hero/Heroine' Tim Peake 'Blast off!'	'Adventurer' Ranulph Fiennes 'Trans Globe Adventure'	'Explorer' Spartacus 'Romans Revolt'

RESPECT target character behaviours	Self-Aware, Teamwork, Excellence Honest; reflects; selfcontrolled; listens; unselfish; evaluative; courteous	Empathy, Resilience, Communication Caring; kindness; helpful; cooperation; courage; pride; self-confidence; decision makes	Resilience, Positivity, Empathy Fairness; respect; friendliness; patience; influences; caring; diligent; positive attitude
Year 6	'Hero/Heroine' Nancy Wake 'The White Mouse'	'Adventurer' Amelia Earhart 'Final Flight'	'Explorer' Ibn Battuta 'Eastern Odyssey'
RESPECT target character behaviours	Empathy, Teamwork, Self-Aware Friendship; teamwork; honest; helpful; responsible; determined; self-disciplined; humorous	Excellence, Positivity, Communication Fairness; courtesy; patience; compassionate; curious; listens; decision makes; kind; influences	Resilience, Self-Aware, Empathy Respect; fairness; determination; inquires; pride; persistent; courageous; honest; unselfish.