

Year 5 Medium Term Planning - Summer Sports

Date	Activity	Focus
18.04.2024	Cricket	Develop wicketkeeping skills
25.04.2024	Athletics	Develop a standing sprint start stance
02.05.2024	Athletics	Make suggestions on how to improve LJ and hurdling skills
09.05.2024	Tennis	Hit ground strokes with accurately
14.05.2024	Tennis	Be able to play both 'winning' shots and rallies
16.05.2024	Cricket	Strike an under arm bowled ball
06.06.2024	Cricket	Strike an over arm bowled ball
13.06.2024	Athletics	To have equal rhythm for each part of their TJ Develop rotation on a push throw
20.06.2024	Athletics	Experience a version of a pentathlon
27.06.2024	Badminton	Develop footwork and recover to the centre of the court
04.07.2024	Badminton	Use a low and clear serve Be able to umpire games
11.07.2024	Cricket	Strike a ball in several directions
18.07.2024	Cricket	Play and score a simplified game