

Year 3 Medium Term Planning - Summer Sports

Date	Activity	Focus
17.04.2024	Cricket	Bowl underarm
24.04.2024	Athletics	Introduced to the TJ footwork pattern/Sprinting technique
01.05.2024	Athletics	Sprinting technique and relay
08.05.2024	Tennis	Return a serve
15.05.2024	Tennis	Score a simple game
22.05.2024	Cricket	Bowl underarm
05.06.2024	Cricket	Strike a dropped ball
12.06.2024	Athletics	Make suggestions on how to improve Javelin and seated pushing throws
19.06.2024	Athletics	TJ footwork pattern
26.06.2024	Badminton	Use a backhand serve
03.07.2024	Badminton	Play a clear shot over a net
10.07.2024	Cricket	Strike a dropped ball
17.07.2024	Cricket	Play a simplified game