

Year 6 Medium Term Planning - Invasion games/Summer Sports

| Date       | Activity                                      | Focus  |
|------------|---|--|
| 08.01.2024 | Fitness and Sports hall athletics preparation | Increase understanding of health & fitness   |
| 15.01.2024 | Fitness and Sports hall athletics preparation |  |
| 22.01.2024 | Tag Rugby                                     | <p align="center"><b><u>Game play</u></b></p> Experience playing in age appropriate games<br>Opportunities for leadership and umpiring<br>Learn and apply sport specific rules |
| 29.01.2024 | Netball                                       |  |
| 05.02.2024 | Basketball                                    |  |
| 12.02.2024 | Wicked work week                              | Children have the choice of playing one of the previously learnt about sports  |
| 26.02.2024 | Athletics                                     | Building Endurance   |
| 04.03.2024 | Athletics                                     | Pacing appropriately   |
| 11.03.2024 | Tennis  | Start games with simple serves   |
| 18.04.2024 | Tennis  | Hit a serve over a net   |
| 25.04.2024 | Cricket                                       | Bowl underarm  |