

Year 4 Medium Term Planning - Invasion games/Summer Sports

Date	Activity	Focus
Wb 8.01.2024	Fitness and Sports hall athletics preparation	Increase understanding of health & fitness
Wb 15.01.2024	Fitness and Sports hall athletics preparation	
Wb 22.01.2024	Tag Rugby	<p align="center"><u>Game play</u></p> Experience playing in age appropriate games Opportunities for leadership and umpiring Learn and apply sport specific rules
Wb 29.01.2024	Hockey	
Wb 05.02.2024	Basketball	
Wb 12.02.2024	Wicked work week	Children have the choice of playing one of the previously learnt about sports
Wb 26.02.2024	Athletics	Building Endurance
Wb 04.03.2024	Athletics	Pacing appropriately
Wb 11.03.2024	Tennis	Start games with simple serves
Wb 18.04.2024	Tennis	Hit a serve over a net
Wb 25.04.2024	Cricket	Bowl underarm