

Headteacher: Mrs Rachel Roberts



24 February 2023

**Learning for Life**  
A member of the Kingsbridge Educational Trust

Dear Parent/Carer,

During the week beginning, Monday 13th March 2023, pupils will participate in an assembly around awareness for young carers. This is to coincide with the **Young Carers Action Day on Wednesday 15th March 2023**. Supporting any young carers at our school is important to us and so we wanted to take this opportunity to inform you of what we are doing to identify and support young carers.

A young carer is a young person aged 5 - 16 who looks after someone who couldn't manage without their help. This could mean looking after a parent, brother or sister, grandparent or family friend who has a disability, long-term illness, or an addiction related issue. Please note, you do not need to disclose the reason.

As many as one in 12 pupils could be a young carer, and unless the school is advised about a pupil's home circumstances, young carers risk not being identified and not receiving the support they are entitled to. Some young carers may be tired or worried and might find it difficult to concentrate on their school work and have limited time for friendships and activities after school. If this is the case, we can help.

Did you know Middleton Primary School can provide extra help for young carers? By offering space to complete homework, advice on how to get your child into school if transport is an issue, an adult to talk to and alternatives to after school activities.

We can also provide advice on benefits, local support groups and more.

Do you think you have a Young Carer in your household? If so - hand this letter back into reception with the form filled out below or call/email Mrs Trail via the office email address.

If you want to talk to a local independent organisation around caring, go to <https://carersmiltonkeynes.org/information-for-carers/young-carers/> for information, advice and support, and have a look at the Young Carers website for more information around Young Carers at <https://www.childrenssociety.org.uk/what-we-do/our-work/supporting-young-carers>

Yours sincerely

A handwritten signature in black ink, appearing to read 'J Trail'.

**Mrs Trail**  
**Deputy Headteacher**

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**Young Carer**

Name of Parent/Carer:

Name of pupil (Young Carer):

Best form of contact (email/phone/post):

Tel: 01908 604851

Email: [office@middletonschool.org](mailto:office@middletonschool.org)

Web: [www.middletonschool.org](http://www.middletonschool.org)

Noon Layer Drive

Middleton

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**Middleton Primary School is committed to safeguarding children**

