

Year 4 Medium Term Planning - Summer Sports

Date	Activity	Focus
WB 17.04.2023	Athletics	Develop their own sprinting action
WB 24.04.2023	Athletics	Develop basic LJ and hurdling skills
WB 01.05.2023	Tennis	Develop a forehand rally
WB 08.05.2023	Tennis	Start to hit backhand shots
WB 15.05.2023	Cricket	Chain field accurately
WB 22.05.2023	Cricket	Link fielding skills together
WB 05.06.2023	Athletics	Describe and demonstrate TJ footwork
WB 12.06.2023	Athletics	Be a part of a relay team
WB 19.06.2023	Badminton	Serve with increasing accuracy
WB 26.06.2023	Badminton	Develop smash and drop shots Play in singles and doubles games
WB 03.07.2023	Cricket	Score points/deny points in various ways
WB 10.07.2023	Cricket	
WB 17.07.2023	Athletics	Experience measuring performance