

Year 3 Medium Term Planning - Summer Sports

Date	Activity	Focus
19.04.2023	Athletics	Start to link the skills of running and jumping
26.04.2023	Athletics	Introduced to the TJ footwork pattern
03.04.2023	Tennis	Return a serve
10.04.2023	Tennis	Score a simple game
17.05.2023	Cricket	Bowl underarm
24.05.2023	Cricket	Strike a dropped ball
07.06.2023	Athletics	Make suggestions on how to improve Javelin and seated pushing throws
14.06.2023	Athletics	TJ footwork pattern
21.06.2023	Badminton	Use a backhand serve
28.06.2023	Badminton	Play a clear shot over a net
05.07.2023	Cricket	Strike a dropped ball
12.07.2023	Cricket	Play a simplified game
19.07.2023	Athletics	Experience self-competition