



ASC and Neuro Diversity

Parent Workshop 24.11.22

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Definition

Definitions: What is autism

The National Autistic Society define Autism as:

a lifelong developmental disability that affects how a person communicates with, and relates to, other people. It affects how they make sense of the world around them.



It is a **spectrum condition**, which means that, while all people with autism share certain difficulties, their condition will affect them in different ways. Some people with autism are able to live relatively independent lives but others may need a lifetime of specialist support and/or have accompanying learning disabilities.

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Recognising Sensory Signals in Children

- Food
- Noise
- Texture
- Smells
- Tactile / contact

<https://vimeo.com/470592396>

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In School Support

- Visual timetable
- Ear defenders
- Humming Birds & quiet spaces
- Variety of lunch options - hot and cold plus packed lunches
- Sensory breaks and toys
- Check ins - including informing of changes

Choices "This or that?"

- Individual recommendations from professionals
- Social stories
- Communication boards with visuals
- Puzzle Club

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At home strategies / advice

How do you overcome difficulties / meltdowns at home?

Do you have a question that you would like to ask the group?

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