

Year 5 Medium Term Planning - Brady

Date	Activity	Focus
05.09.2022	Fitness and X Country preparation	Teach running a skill
12.09.2022		Increase understanding of health & fitness
19.09.2022	Tag Rugby	<p align="center"><u>Attacking</u></p> <p align="center">Sport specific attacking skills</p> <p align="center">Understanding team attacking principles</p> <p align="center">Understanding of sports scoring systems</p> <p align="center">Basic tactics to score points</p> <p align="center">Basic understanding of attacking restarts</p>
26.09.2022	Tag Rugby	
03.10.2022	Netball	
10.10.2022	Netball	
17.10.2022	Hockey	
31.10.2022	Hockey	
07.11.2022	Tag Rugby	<p align="center"><u>Defending</u></p> <p align="center">Sport specific defensive skills</p> <p align="center">Understanding of marking players as a team</p> <p align="center">Understanding of marking space as team</p> <p align="center">Basic understanding of defensive tactics</p> <p align="center">Basic understanding of defending restarts</p>
14.11.2022	Tag Rugby	
21.11.2022	Netball	
28.11.2022	Netball	
05.12.2022	Hockey	
12.12.2022	Hockey	
09.01.2023	Fitness and Sports hall athletics preparation	Increase understanding of health & fitness
16.01.2023	Tag Rugby	<p align="center"><u>Game play</u></p> <p align="center">Experience playing in age appropriate games</p> <p align="center">Opportunities for leadership and umpiring</p> <p align="center">Learn and apply sport specific rules</p>
23.01.2023	Netball	
30.01.2023	Hockey	
06.02.2023	Wicked work week	Children have the choice of playing one of the previously learnt about sports

Year 5 Medium Term Planning - Biles

Date	Activity	Focus
05.09.2022	Fitness and X Country preparation	Teach running a skill Increase understanding of health & fitness
12.09.2022		
19.09.2022	Netball	<p style="text-align: center;"><u>Attacking</u></p> Sport specific attacking skills Understanding team attacking principles Understanding of sports scoring systems Basic tactics to score points Basic understanding of attacking restarts
26.09.2022	Netball	
03.10.2022	Hockey	
10.10.2022	Hockey	
17.10.2022	Tag Rugby	
31.10.2022	Tag Rugby	
07.11.2022	Netball	<p style="text-align: center;"><u>Defending</u></p> Sport specific defensive skills Understanding of marking players as a team Understanding of marking space as team Basic understanding of defensive tactics Basic understanding of defending restarts
14.11.2022	Netball	
21.11.2022	Hockey	
28.11.2022	Hockey	
05.12.2022	Tag Rugby	
12.12.2022	Tag Rugby	
09.01.2023	Fitness and Sports hall athletics preparation	Increase understanding of health & fitness
16.01.2023	Netball	<p style="text-align: center;"><u>Game play</u></p> Experience playing in age appropriate games Opportunities for leadership and umpiring Learn and apply sport specific rules
23.01.2023	Hockey	
30.01.2023	Tag Rugby	
06.02.2023	Wicked work week	Children have the choice of playing one of the previously learnt about sports

Year 5 Medium Term Planning - Phelps

Date	Activity	Focus
05.09.2022	Fitness and X Country preparation	Teach running a skill Increase understanding of health & fitness
12.09.2022		
19.09.2022	Hockey	<p style="text-align: center;"><u>Attacking</u></p> Sport specific attacking skills Understanding team attacking principles Understanding of sports scoring systems Basic tactics to score points Basic understanding of attacking restarts
26.09.2022	Hockey	
03.10.2022	Tag Rugby	
10.10.2022	Tag Rugby	
17.10.2022	Netball	
31.10.2022	Netball	
07.11.2022	Hockey	<p style="text-align: center;"><u>Defending</u></p> Sport specific defensive skills Understanding of marking players as a team Understanding of marking space as team Basic understanding of defensive tactics Basic understanding of defending restarts
14.11.2022	Hockey	
21.11.2022	Tag Rugby	
28.11.2022	Tag Rugby	
05.12.2022	Netball	
12.12.2022	Netball	
09.01.2023	Fitness and Sports hall athletics preparation	Increase understanding of health & fitness
16.01.2023	Hockey	<p style="text-align: center;"><u>Game play</u></p> Experience playing in age appropriate games Opportunities for leadership and umpiring Learn and apply sport specific rules
23.01.2023	Tag Rugby	
30.01.2023	Netball	
06.02.2023	Wicked work week	Children have the choice of playing one of the previously learnt about sports