

Year 3 Medium Term Planning - Invasion games

Date	Activity	Focus
07.09.2022	Fitness and X Country preparation	Teach running a skill Increase understanding of health & fitness
14.09.2022		
21.09.2022	Netball/Handball	<p align="center"><u>Attacking</u></p> <p align="center">Sport specific attacking skills Attacking 1 vs1</p> <p align="center">Understanding of sports scoring systems Basic tactics to score points</p> <p align="center">Basic understanding of attacking restarts</p>
28.09.2022	Netball/Handball	
05.10.2022	Hockey	
12.10.2022	Hockey	
19.10.2022	Basketball	
02.11.2022	Basketball	
09.11.2022	Netball/Handball	<p align="center"><u>Defending</u></p> <p align="center">Sport specific defensive skills Understanding of marking a player Understanding of marking space</p> <p align="center">Basic understanding of defending restarts</p>
16.11.2022	Netball/Handball	
23.11.2022	Hockey	
30.11.2022	Hockey	
07.12.2022	Basketball	
14.12.2022	Basketball	
04.01.2022	Fitness and Sports hall athletics preparation	Increase understanding of health & fitness
11.01.2023	Fitness and Sports hall athletics preparation	
18.01.2023	Netball/Handball	<p align="center"><u>Game play</u></p> <p align="center">Experience playing in age appropriate games Opportunities for leadership and umpiring Learn and apply sport specific rules</p>
25.01.2023	Hockey	
01.02.2023	Basketball	
08.02.2023	Wicked work week	Children have the choice of playing one of the previously learnt about sports