

Year 5 Medium Term Planning - Larks

Date	Activity	Focus
21.02.2022	Tennis	Increase understanding of health & fitness
28.02.2022	Tennis	<p style="text-align: center;"><u>Athletics</u></p> <p>Improve skills of running, throwing, jumping, refine basic technique by emphasis on accuracy, time, measurement, length, distance, and speed.</p> <p>Experience outdoor areas, measuring and timing activities, competition, activities and equipment that support refining basic techniques.</p> <p>Develop understanding of safe practice linked to activities, comparing and improving own performance.</p>
07.03.2022	Cricket	
14.03.2022	Cricket	
21.03.2022	Athletics	
28.03.2022	Athletics	
18.04.2022	Bank holiday	
25.04.2022	Cricket	
02.05.2022	Bank holiday	<p style="text-align: center;"><u>Striking and fielding</u></p> <p>Improve skills of striking, travel, send, chase, receive, dodge, avoid, attack, defence, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different games; a variety of common skills and game principles; team work; working towards tasks set by themselves and a teacher; competition.</p> <p>Develop team games - working within prescribed areas, considering and developing rules and scoring systems, understanding of game principles.</p>
09.05.2022	Tennis	
16.05.2022	Athletics	
23.05.2022	Athletics	
06.06.2022	Badminton	
13.06.2022	Badminton	
20.06.2022	Cricket	
27.06.2022	Cricket	<p style="text-align: center;"><u>Net and wall</u></p> <p>Improve skills of striking, travel, send, chase, receive, dodge, avoid, attack, defence, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different games; a variety of common skills and game principles; team work; working towards tasks set by themselves and a teacher; competition.</p> <p>Develop team games - working within prescribed areas, considering and developing rules and scoring systems, understanding of game principles.</p>
04.07.2022		
11.07.2022		
18.07.2022		

Year 5 Medium Term Planning - Nightingales

Date	Activity	Focus
21.02.2022	Cricket	Increase understanding of health & fitness
28.02.2022	Cricket	<p style="text-align: center;"><u>Athletics</u></p> <p>Improve skills of running, throwing, jumping, refine basic technique by emphasis on accuracy, time, measurement, length, distance, and speed.</p> <p>Experience outdoor areas, measuring and timing activities, competition, activities and equipment that support refining basic techniques.</p> <p>Develop understanding of safe practice linked to activities, comparing and improving own performance.</p>
07.03.2022	Athletics	
14.03.2022	Athletics	
21.03.2022	Tennis	
28.03.2022	Tennis	
18.04.2022	Bank holiday	
25.04.2022	Tennis	
02.05.2022	Bank holiday	
09.05.2022	Athletics	<p style="text-align: center;"><u>Striking and fielding</u></p> <p>Improve skills of striking, travel, send, chase, receive, dodge, avoid, attack, defence, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different games; a variety of common skills and game principles; team work; working towards tasks set by themselves and a teacher; competition.</p> <p>Develop team games - working within prescribed areas, considering and developing rules and scoring systems, understanding of game principles.</p>
16.05.2022	Athletics	
23.05.2022	Cricket	
06.06.2022	Cricket	
13.06.2022	Badminton	
20.06.2022	Badminton	
27.06.2022	Cricket	
04.07.2022		
11.07.2022		<p style="text-align: center;"><u>Net and wall</u></p> <p>Improve skills of striking, travel, send, chase, receive, dodge, avoid, attack, defence, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different games; a variety of common skills and game principles; team work; working towards tasks set by themselves and a teacher; competition.</p> <p>Develop team games - working within prescribed areas, considering and developing rules and scoring systems, understanding of game principles.</p>
18.07.2022		

Year 5 Medium Term Planning - Swallows

Date	Activity	Focus
21.02.2022	Athletics	Increase understanding of health & fitness
28.02.2022	Athletics	<p style="text-align: center;"><u>Athletics</u></p> <p>Improve skills of running, throwing, jumping, refine basic technique by emphasis on accuracy, time, measurement, length, distance, and speed.</p> <p>Experience outdoor areas, measuring and timing activities, competition, activities and equipment that support refining basic techniques.</p> <p>Develop understanding of safe practice linked to activities, comparing and improving own performance.</p>
07.03.2022	Tennis	
14.03.2022	Tennis	
21.03.2022	Cricket	
28.03.2022	Cricket	
18.04.2022	Bank holiday	
25.04.2022	Athletics	
02.05.2022	Bank holiday	
09.05.2022	Athletics	<p style="text-align: center;"><u>Striking and fielding</u></p> <p>Improve skills of striking, travel, send, chase, receive, dodge, avoid, attack, defence, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different games; a variety of common skills and game principles; team work; working towards tasks set by themselves and a teacher; competition.</p> <p>Develop team games - working within prescribed areas, considering and developing rules and scoring systems, understanding of game principles.</p>
16.05.2022	Cricket	
23.05.2022	Tennis	
06.06.2022	Cricket	
13.06.2022	Cricket	
20.06.2022	Badminton	
27.06.2022	Badminton	
04.07.2022		
11.07.2022		<p style="text-align: center;"><u>Net and wall</u></p> <p>Improve skills of striking, travel, send, chase, receive, dodge, avoid, attack, defence, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different games; a variety of common skills and game principles; team work; working towards tasks set by themselves and a teacher; competition.</p> <p>Develop team games - working within prescribed areas, considering and developing rules and scoring systems, understanding of game principles.</p>
18.07.2022		