

Year 4 Medium Term Planning - Doves

Date	Activity	Focus
24.02.2022	Tennis	Increase understanding of health & fitness
03.03.2022	Tennis	<p style="text-align: center;"><u>Athletics</u></p> <p>Improve skills of running, throwing, jumping, refine basic technique by emphasis on accuracy, time, measurement, length, and distance.</p> <p>Experience outdoor areas, measuring and timing activities, competition, activities and equipment which support refining basic techniques.</p> <p>Develop understanding of safe practice linked to activities, comparing and improvement of own performance.</p>
10.03.2022	Cricket	
17.03.2022	Cricket	
24.03.2022	Athletics	
31.03.2022	Athletics	
21.04.2022	Athletics	
28.04.202	Athletics	
05.05.2022	Cricket	
12.05.2022	Cricket	<p style="text-align: center;"><u>Striking and fielding</u></p> <p>Improve skills of striking, travel, send, chase, dodge, avoid, attack, defend, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different types of games; a variety of common skills and game principles; team work; working towards tasks set by themselves and the teacher, competition.</p> <p>Develop team games, making up games, own game practices, understanding of game principles.</p>
19.05.2022	Tennis	
26.05.2022	Tennis	
09.06.2022	Athletics	
16.06.2022	Athletics	
23.06.2022	Badminton	
30.06.2022	Badminton	
07.07.2022	Cricket	
14.07.2022	Cricket	<p style="text-align: center;"><u>Net and wall</u></p> <p>Improve skills of striking, travel, send, chase, dodge, avoid, attack, defend, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different types of games; a variety of common skills and game principles; team work; working towards tasks set by themselves and the teacher, competition.</p> <p>Develop team games, making up games, own game practices, understanding of game principles.</p>
21.07.2022		

Year 4 Medium Term Planning - Owls

Date	Activity	Focus
24.02.2022	Cricket	Increase understanding of health & fitness
03.03.2022	Cricket	<p style="text-align: center;"><u>Athletics</u></p> <p>Improve skills of running, throwing, jumping, refine basic technique by emphasis on accuracy, time, measurement, length, and distance.</p> <p>Experience outdoor areas, measuring and timing activities, competition, activities and equipment which support refining basic techniques.</p> <p>Develop understanding of safe practice linked to activities, comparing and improvement of own performance.</p>
10.03.2022	Cricket	
17.03.2022	Athletics	
24.03.2022	athletics	
31.03.2022	Tennis	
21.04.2022	tennis	
28.04.202	Cricket	
05.05.2022	Cricket	
12.05.2022	Tennis	<p style="text-align: center;"><u>Striking and fielding</u></p> <p>Improve skills of striking, travel, send, chase, dodge, avoid, attack, defend, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different types of games; a variety of common skills and game principles; team work; working towards tasks set by themselves and the teacher, competition.</p> <p>Develop team games, making up games, own game practices, understanding of game principles.</p>
19.05.2022	Tennis	
26.05.2022	Athletics	
09.06.2022	Athletics	
16.06.2022	Badminton	
23.06.2022	Badminton	
30.06.2022	Cricket	<p style="text-align: center;"><u>Net and wall</u></p> <p>Improve skills of striking, travel, send, chase, dodge, avoid, attack, defend, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different types of games; a variety of common skills and game principles; team work; working towards tasks set by themselves and the teacher, competition.</p> <p>Develop team games, making up games, own game practices, understanding of game principles.</p>
07.07.2022	Cricket	
14.07.2022	Athletics	
21.07.2022	Athletics	

Year 4 Medium Term Planning - Swifts

Date	Activity	Focus
24.02.2022	Athletics	Increase understanding of health & fitness
03.03.2022	Athletics	<p style="text-align: center;"><u>Athletics</u></p> <p>Improve skills of running, throwing, jumping, refine basic technique by emphasis on accuracy, time, measurement, length, and distance.</p> <p>Experience outdoor areas, measuring and timing activities, competition, activities and equipment which support refining basic techniques.</p> <p>Develop understanding of safe practice linked to activities, comparing and improvement of own performance.</p>
10.03.2022	Tennis	
17.03.2022	Tennis	
24.03.2022	Cricket	
31.03.2022	Cricket	
21.04.2022	Tennis	
28.04.202	Tennis	
05.05.2022	Athletics	
12.05.2022	Athletics	<p style="text-align: center;"><u>Striking and fielding</u></p> <p>Improve skills of striking, travel, send, chase, dodge, avoid, attack, defend, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different types of games; a variety of common skills and game principles; team work; working towards tasks set by themselves and the teacher, competition.</p> <p>Develop team games, making up games, own game practices, understanding of game principles.</p>
19.05.2022	Cricket	
26.05.2022	Cricket	
09.06.2022	Athletics	
16.06.2022	Athletics	
23.06.2022	Badminton	
30.06.2022	Badminton	
07.07.2022	Cricket	
14.07.2022	Cricket	<p style="text-align: center;"><u>Net and wall</u></p> <p>Improve skills of striking, travel, send, chase, dodge, avoid, attack, defend, control, accuracy; movement into/out of space.</p> <p>Experience small sided and simplified versions of different types of games; a variety of common skills and game principles; team work; working towards tasks set by themselves and the teacher, competition.</p> <p>Develop team games, making up games, own game practices, understanding of game principles.</p>
21.07.2022		