

Year 3 Medium Term Planning

<u>Date</u>	<u>Activity</u>	<u>Focus</u>
20.04.2022	Athletics	<p style="text-align: center;"><u>Athletics</u></p> <ul style="list-style-type: none"> • Make very basic decisions on pacing based on distance • Start to link the skills of running and jumping • Introduced to the TJ footwork pattern • Make suggestions on how to improve Javelin and seated pushing throws • Experience self-competition
27.04.2022	Athletics	
04.05.2022	Net and wall	
11.05.2022	Net and wall	
18.05.2022	Striking and fielding	<p style="text-align: center;"><u>Net and wall</u></p> <ul style="list-style-type: none"> • Hit a serve a serve over a net • Return a serve • Score a simple game
25.05.2022	Striking and fielding	
08.06.2022	Athletics	
15.06.2022	Athletics	
22.06.2022	Net and wall	<p style="text-align: center;"><u>Striking and fielding</u></p> <ul style="list-style-type: none"> • Strike a dropped ball • Bowl under arm with some accuracy • Play in a simplified game
29.06.2022	Net and wall	
06.07.2022	Striking and fielding	
13.07.2022	Striking and fielding	